

Northwest Planting Guide for Fall	Start Indoors	Direct Sow	First Planting	Final Planting	Cold Hardy	Planting dates are mere guidelines. Days to maturity depend on weather, microclimate and variety. First planting dates intended for early Oct Harvest. Final planting date intended for Nov-Dec harvest. Choosing a date in the middle is a good starting point for beginning fall gardeners!
<b>Greens</b>						<b>Deep Harvest Seeds Fall Varieties</b>
Arugula		x	15-Aug	15-Sep	x	Standard, Esmee
Asian Greens, Salad Mix		x	15-Aug	15-Sep	x	Tatsoi, Mizuna, Prize Choi, Sassy Salad Mix
Frisee	x	x	15-Jul	15-Aug		Bellesque
Kale	x	x	1-Jul	1-Aug	x	Lacinato, Russian Hunger Gap, True Siberian
Lettuce (head)	x		1-Aug	1-Sep		Parris Island Cos, Vulcan, Snowflake
Mustard Greens	x	x	1-Aug	1-Sep	x	Green in Snow, Scarlett Frills, Red Giant, Green Wave
Radicchio	x		1-Jul	25-Jul	x	Grummolo Rosso, Variegata di Castlefranco
Spinach		x	1-Aug	1-Sep	x	Winter Bloomsdale, Giant Winter
Swiss Chard	x	x	1-Jul	25-Jul		Fordhook Giant
<b>Roots</b>						
Beets		x	1-Jul	25-Jul	x	All Varieties
Carrots		x	1-Jul	25-Jul	x	Danvers 126, Red Core Chantennay
Parsnips		x	1-Jun	25-Jun	x	Lancer
Radish		x	1-Aug	7-Sep		Rudi, D'avignon
Rutabaga		x	1-Jun	1-Jul	x	Joan
Salad Turnips		x	15-Sep	1-Sep	x	Tokyo Market
<b>Brassicas</b>						
Broccoli	x		1-Jul	25-Jul		Island Market
Cabbage	x		15-Jun	25-Jul		Primax
Purple Sprouting Broccoli	x		1-Jul	25-Jul	x	Red Arrow
<b>Herbs/Other</b>						
Cilantro		x	1-Aug	15-Aug		Calypso
Leeks	x		1-Feb	1-Apr	x	Verdonnet
Parsley			1-Jul	1-Aug	x	Italian Flat Leaf
Scallions	x	x	1-Jul	1-Aug		White Spear
Winter Squash	x		1-May	25-May		All varieties